why we treat beyond the eyes

Healthy eyes depend on more than the surface of the eye itself.

The delicate skin, blood vessels, oil glands and muscles surrounding your eyes all work together to maintain a healthy, comfortable tear film. When inflammation develops in the surrounding tissues particularly with rosacea and visible blood vessels, this inflammation can also affect the eyelids and the meibomian glands responsible for producing the protective oils in your tears.
That is why we believe effective dry eye care should look beyond the eyes.
At Karns Vision, we take a comprehensive approach that may include treating:

Inflammation & Rosacea
Visible Redness & Telangiectasia
Meibomian Gland Dysfunction
Eyelid & Blink Function
Skin Health

Our advanced Lumenis treatments and physician-recommended Circadia skin therapies allow us to create a personalized plan designed to calm inflammation, support healthier glands, improve eyelid function and care for the skin surrounding your eyes.

advanced dry eye & eyelid wellness

At Karns Vision, we use the advanced Lumenis Opti technology portfolio to create a treatment plan based on *why* your eyes are dry and not simply *how* they *feel*.

OptiLight

- The first and only IPL technology FDA authorized specifically for the management of dry eye disease due to MGD.
- Targets the INFLAMMATORY component of dry eye.

OptiPlus

- *Uses FDA-cleared monopolar radiofrequency (RF) technology to deliver controlled heat to the meibomian glands.*
- *Targets the HEAT & GLAND component of dry eye.*

OptiLift

- *Combines RF technology with Lumenis' proprietary Dynamic Muscle Stimulation (DMSt) to gently activate and condition the muscles surrounding the eyes while RF delivers controlled warming of the tissue.*
- *Targets the MUSCLE, BLINK & GLAND components of ocular wellness.*

our recommended duo treatments

OptiThermal Duo ~ *$400/tx*

- Our signature combination for inflammatory dry eye & MGD
- OptiLight & OptiPlus (IPL & RF)

OptiRenew Duo ~ *$500/tx*

- *Our most comprehensive treatment*
- *OptiLight & OptiLift (IPL, RF & DMSt)*

circadia skin therapies

Prepare~Calm~Recover

Professional skin care designed to complement your treatment plan

Calm & Restore Facial ~ *$100/tx*

- A restorative treatment, for sensitive, dry or rosacea-prone skin. Replenishes, moisturizes and supports a healthy skin barrier.

Oxygen Rx Calming Facial ~ *$125/tx*

- Advanced care for visibly reactive skin. Ideal for visibly inflamed, red or telangiectatic skin.